

Kicky Kickball

Materials required

- Felt
- Unpopped popcorn
- 1/4 cup measuring cup
- Funnel
- 4-inch diameter cup
- 3-foot length of elastic cord

Supplies

- Scissors
- Stapler
- Pens

Instructions

1. Tie a 1-inch diameter loop at one end of elastic cord (Figure 1).
2. Use cup to draw two circles on felt. Cut out circles.
3. Print the words from our daily choice on the circle, one phrase per circle (“Choose to Believe”, “Choose to Act”, “Choose Forgiveness”, “Choose to Obey”, “Choose Jesus”.)
4. Lay one circle on top of the other circle (words facing out on both sides) and line up the edges of the circles.
5. Staple the circles together around the edge leaving an opening of about 1 inch. Keep the staples close together around the edge (Figure 2)
6. Scoop ¼ cup popcorn kernels into your cup. Pour the popcorn through the funnel and into the opening on your kickball circles (Figure 3). Staple the opening closed.
7. Tie a large knot at the end of the elastic cord opposite the loop. Staple the knotted end of the cord to the edge of the kickball (Figure 4).
8. Slide the loop over your finger and swing the ball on the cord and gently kick it with your foot. See how many kicks you can make in a row without missing.

Tip: After filling the balls and stapling the openings, use fabric paint in squeeze bottles to embellish the kickball with dots, stars, swirls or words.

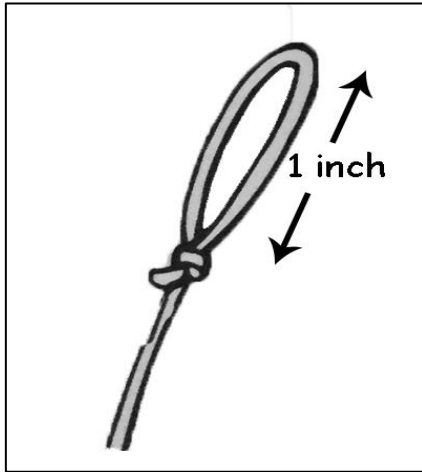


Figure 1

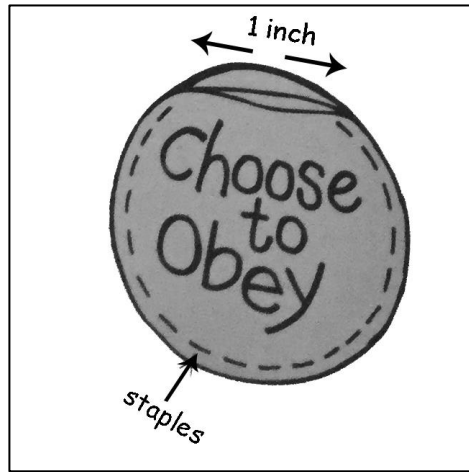


Figure 2

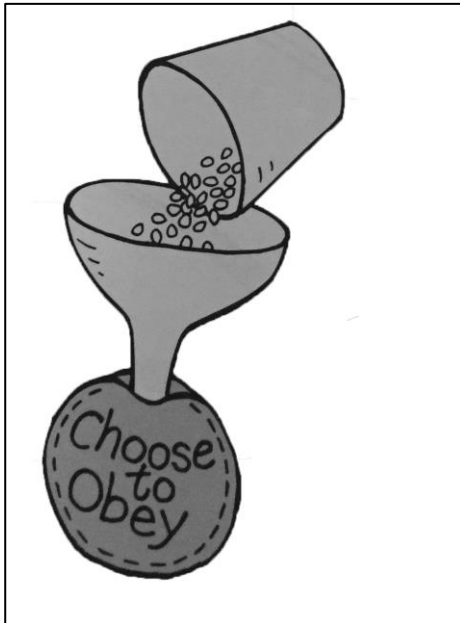


Figure 3



Figure 4

Conversation

What words did you write on your kickball? How can you do what the words say? Our choices matter and Jesus wants us to always choose wisely.